

# Barriers of Thoughts in Sudeep Nagarkar's *Sorry You are Not My Type*

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## Abstract

**Sudeep Nagarkar's *Sorry You are Not My Type* redefines friendship, affection and infatuation through the protagonists. He picturizes about human mentality which has some hidden desires. How the motifs of human mind moves to longings and settles down on repression and instantly, takes turn into the brutal way, when it occupies the unrevealed stage. It causes vital strains in their relationship. Emotionally it visualizes the personality of adults, their conflict nature which leads them to misread their boom companion, beloved and affinity of their relationship, moreover, how they produce new meaning of recent trends and they deconstruct the society according to their own wishes.**

**Key words: Desires, Jealousy, Repression, Unconscious, Unresolved.**

Every human personality is based on their inner thought, attitude and how they approach others in such a way. Sudeep Nagarkar's novel sketched various shades of personalities, who totally differ from their individuality. The broad minded Vikrant is aware of upcoming struggles and how to manage them intellectually, Anamika makes herself as a free bird, at the same time she plans to save her from the tussles through her hidden ideas, Yuvi lives in the bliss which is the combination of sweetest music and his sweet - heart Kashish. They sail their friendship and VAYU (musical band) smoothly till Vikrant leaves off from the stage to arrest his metro – girl with whom he is in love without knowing who she is. After realizing his blunder he tries to convince them by telling the truth. When he receives the text from Yuvi that,

*Dude, what happened to you? I did not expect this from you. Anyway, we have left the college premises. The show has been cancelled. He did not know how to react. He felt guilty and called Yuvi to apologize him but Yuvi's cell was unavailable. He walked back alone helplessly. All he could do was to wish that things would fall in place once again" (SYNMT 75 - 76).*

Vikrant always tries to unite them and keep their association in bliss. Without the basic ethics no one

can preserve their amity for long time. If they fail to release inconvenient element from their relation, they have to face more difficulties which turns to step away from their limit and push them into desperation. Vikrant works to erase an evil element between Yuvi and Anamika but, it does not work when they lost the final trophy of music festival because of Anurag and Anamika's break up. Anurag wants to take revenge on Anamika for her disagreement with his relationship. Vikrant tries hard to discharge the swelling of their relationship but it seems very difficult to handle, because of their unbalanced thoughts. It makes them to go ahead on grave path.

Anamika's sour relationship with her boyfriend had cost them big time! It was probably going to be the last performance of their lives. Rajhans College had lost competition and trophy too. Yuvi did not bother to wait for the results and left with his girlfriend. Vikrant was speechless and didn't know how to react while Anamika feared it was going to the end of their band VAYU! (114).

A good friendship should be healthy and have a better understanding between each and every one. At first Vikrant and Yuvi warned Anamika to stay away from Anurag for her goodness, but she has some contrast thought about her relationship and she conveys her mentality to Anurag. "Guys, I told you that I have this phobia and I cannot overcome it. I think Anurag's company will save me from ragging. I do not want to be a victim, especially when I know so many people are dying to rag me (36). She uses him to escape from the ragging group and she thinks he is the best one to save her from them because he is the president of student council in their college. Vikrant is unable to believe what she is doing and he does not know how to manage the upcoming struggle whether he would support for Yuvi or Anamika. It spoils the health of their alliance slowly. Anurag is not aware of her phobia. He loves her from his heart, but she is not like him. She is unable to find the true vibes of love like Anurag, but she finds that vibes from Yuvi who takes care of his beloved Kashish. "She felt a slight tinge of jealousy that at such critical phase Yuvi had Kashish by his side while she did not have anyone who could understand her feeling" (119). She do not want to express her mind because she knows very well that it would destroy their love.

Anamika had expected at least her friends to understand her. She wanted to hug Yuvi and tell him that she was not her fault. She wanted Yuvi to stand by her and fight against Anurag. But nothing like that happened instead Yuvi blamed Anamika. Vikrant told her to leave and assured her not to worry as he would handle the situation. The only person who could convince Yuvi was Vikrant. Anamika left the class room Vikrant suggested while he tried to calm him down (117).

Whenever Vikrant tries to make the situation better it turns worse unexpectedly. He loves his friends and he wants to reunite them for their goodness. "He desperately wanted Yuvi and Anamika to re-unite once

again. He just prayed that this break up will not lead to the end of their band” (120). Yuvi did not want Anamika’s friendship again because he wants to stay away from his mental stress which insists him to take revenge on Anamika for her fame more than him. It raises jealousy and infatuation on Anamika.

But he was more upset because of the love that viewers showered on Anamika. Wherever we went to perform, guys and girls would go crazy for Anamika and that brought a sense of insecurity in Yuvi. He was the lead and wanted more appreciation but that did not happen. Not because he lagged somewhere in his performance but because Anamika was the more popular of the two because of her hot looks. It killed Yuvi from within and made him behave badly with Anamika (127).

His conscious mind did not allow him to deliver this truth to Anamika because he thought about Kashish and their long life of love. “Vikrant explained, ‘Kashish was the one rescuing factor in his life. Had she not been present with him in his difficult hour, he would have gone insane’ ” (127). In this mental torture he decided to stay away from Anamika. She also sensed his infatuation and aware the love between Yuvi and Kashish. Whenever he tries to hide consciously, it tries to come out unexpectedly and unknowingly. This aspects of human psyche struggles between conscious and unconscious judgments about someone or something.

Yuvi could not analyze what he thinks about himself he is not able to understand what was going in his mind. He needs to interact with someone about his mind but he could not because he feared what would happen next. Freud insists to cure this mental disorders,

By investigating the interaction between conscious and unconscious elements in the mind. (...) that the repressed fears and conflicts which are causing the problems are brought into the conscious mind and openly faced, rather than remaining ‘buried’ in the unconscious. This practice is based upon specific theories of how the mind, the instincts, and sexuality work (BT-97).

His buried thoughts repress him continuously. He is unable to find any way for the relaxation from those feelings. In this depressed state of mind he walked into the sea and finally he was rescued by security when they went for a day trip to Daman which was arranged by Vikrant. He planned to re-unite his friends but destiny planned it in another way to destroy their friendship through Yuvi’s mentality. He is not in his consciousness because he drinks so heavily to step away from Anamika. His unresolved repression evolves so brutally when he takes his favorite drug ‘marijuana’. Freud insisted, “This is the idea as *repression*, which is the ‘forgetting’ or ‘ignoring’ of unresolved conflicts, unadmitted desires, or traumatic past events, so that they are forced out of conscious awareness and into the realm of the unconscious” (BT-98). The battle

between conscious and unconscious mind, Yuvi forwards into serious footpath. Freud considered this developing process as *sublimation* which has promoted the repressed thoughts into grandeur or noble things. He is ready to attain his unresolved factors as a fulfilled one. By facing the fear of death, under the effect of 'marijuana' and the repression of unconscious, Yuvi abused Anamika. He has stated his reason for this decision,

I wanted to live my life just as I wished. The fear of death changed me completely. Now I wanted to fulfill all my fantasies because facing death had made me realize that we never know what will happen the next moment. Later that night when we went to look for Anamika I was not at all in my senses. When I saw Anamika alone yesterday on the beach I decided to strike a conversation with her and break the barriers that lied between us (179).

Yuvi delivered the truth to Vikrant and Sanaya to come out from his guiltiness. He mistreated Anamika and her friendship. He could not digest that what has happened to Anamika because of him. He surrenders himself to the cop's custody. Anamika did not point out him to the police because she did not want to destroy her friendship. She said to Vikrant, " 'Because I loved him I never told him about it as he was in a serious relationship with Kashish. Heck, he did not even see me as a friend so how could I have told him?' " (193). She was injured mentality, doctors suggested to make her to feel the true love from someone then only she would recover slowly otherwise it will become a nightmare to her every day. She was saved by the love and care of Anurag who changed totally from his past insistent and want his Anamika back. He is ready to dedicate himself for her.

When Kashish has come to know about this the way Yuvi has treated Anamika she was broken. With the broken heart she sent a message to Yuvi " 'I leaving you, not because I have stopped loving you but because I do not want a husband like you, a father like you under whose arms a girl cannot be safe. Sorry you are not my type. Bye forever Yuvi. I wish you good luck'" (187). When he received this from her he realized that there is no second chance, he lost his music band, friends, love and his future life. Vikrant's efforts have become utterly waste and he was puzzled to approach them in two different way.

Vikrant tried to save the morality of friendship with peace, affection, and the support of judgment but it was filled up with bitterness, envious, misinterpretation, dishonesty, futility, and untrustworthiness. Vikrant has the responsibilities to make them happy but their ignorance demolished the beauty of friendship. Yuvi is blessed with true friends but unconsciously he lost them. "To love somebody is not just a strong feeling; it is a decision, a judgment, and a promise. Unknowingly, Yuvi had broken them all" (191). Yuvi has forgotten to handle his relationship with care. Their complicated thoughts and desires have brought them to this critical stage. "All relationship should come with a precautionary statement: 'Handle with care'. Everything was a mess and things were getting complicated with each passing day" (113).

Vikrant understood everyone mutually. He knew the meaning for a true friend, Sudeep stated, “If you look up the meaning of ‘friend’ in the dictionary, you will find that friend means a person with whom one has a bond of mutual affection who guides us through loss and pain he had tried to be such a friend to Yuvi and Anamika”(125). But all his efforts turned useless. Yuvi played a crucial role by ignoring the efforts and love of Vikrant, Anamika and Kashish. “Relationships are like lemons, sweet and sour” (130). He is not ready to taste the three by accepting the situations so it spoils everything.

There is no way for together. Their unwanted desires lead them to face the cruelty of life even though they struggles for smoothness. When the brutality takes vital place, all the morality, trust and peace is destroyed between their relationships. “A broken piece of thread can never be joined back without a knot” (117). Everyone understands the reality after the storm. Ajay K Pandey has experienced in his first novel *You are the Best wife* that, “It is easy to make friends but difficult to keep them” (43).

## **Work cited.**

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